January 2023

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
01/2/2022 BREAK>>>>>>>>>>>>>>	**1/3/2022** >>>>>>>>>>>>>>>>>	**1/4/2022** >>>>>>>>>>>>>>>>>	**1/5/2022** >>>>>>>>>>>>>>>>	**1/6/2022** >>>>>>>>>>>>>>>>>
1/9/2022 Nacho Kit WG Tortilla Chips 2oz, LOL Nacho Cheese 1oz, Cheese Stick 1oz Salsa cup 3/4c Applesauce 1/2c	**1/10/2022** Chicken & Cheese Quesadilla WG Tortilla 2oz, Chicken & Cheese filling 2o Corn (hot) 3/4c Pineapple cup 1/2c	**1/11/2022** Baked Mac & Cheese WG Macaroni noodles 2oz, Cheese sauce & shredded cheese 2oz Cucumber slices 3/4c Apple 1/2c	**1/12/2022** Chicken Drumstick WG brown rice 2oz, Chicken Drumstick 2oz Broccoli (cold) 3/4c Craisins 1/2c Ranch Dressing	**1/13/2022** Fish Sticks WG Breading 1oz, Fish 2oz BBQ Bean salad 3/4c Clementines 1/2c WG Dinner Roll 1oz
1/16/2022 No School	**1/17/2022** No School	**1/18/2022** Bean and Cheese Tamale Corn tamale 2oz, Cheese and bean filling 2o Red bell pepper strips 1/2c Applesauce cup 1/2c	**1/19/2022** Chicken Nuggets Chicken Nuggets 3oz Seasoned potatoes 3/4c Pear 1/2c WG Dinner Roll 1oz Ranch Dressing	**1/20/2022** Cheese Pizza WG Crust 2oz, Cheese 2oz Mixed green salad 3/4c Clementines 1/2c Ranch dressing
01/23/2022 Penne Marinara W/Meatballs WG Penne Pasta 2oz, Beef meatballs 2oz Zucchini (hot) 3/4c Apple 1/2c	**01/24/2022** Chicken Sandwich WG Hamburger Bun 1oz, WG Breading 1oz, Breaded chicken patty 2oz Corn (hot) 3/4c Pineapple cup 1/2c Hot Sauce	**01/25/2022** Vegetarian Chili Mac WG Elbow Noodles 2oz, Beans 1oz, Shredded cheese 1oz Mixed green salad 1.5oz Applesauce cup 1/2c	**01/26/2022** Toasted 3 Cheese Croissant WG Croissant 2oz, Yellow American Cheese Slices 2oz, Tomato Soup Baby carrots 3/4c Craisins 1/2c Ranch Dressing	**01/27/2022** Chicken & Veggie Potstickers WG Wrapper 2oz, Chicken & Veggie filling 2oz Edamame 3/4c Clementines 1/2c Teriyaki Sauce
01/30/2022 Meatloaf Meatloaf 2oz WG Texas Toast 2oz Lemon chickpea salad 3/4c Apple 1/2c	**01/31/2022** Cheese Pizza WG Crust 2oz, Cheese 2oz Broccoli (hot) 3/4c Pineapple cup 1/2c	**02/1/2022** Hamburger WG Hamburger Bun 2oz, Beef patty 2oz Cherry Tomatoes 3/4c Applesauce cup 1/2c	**02/2/2022** Teryaki Chicken WG Brown Rice 2oz, Diced chicken (tossed in teriyaki sauce) 2oz Snap peas 3/4c Banana 1/2c Ranch Dressing	**02/3/2022** Beef Tacos WG Tortilla 2oz, Seasoned ground beef 2oz Corn (hot) 3/4c Clementines 1/2c

OPEN KITCHENS Serving the Best